

## 2023 Lawyers Have Heart 10K, 5K & Fun Walk

Event

Washington, D.C.

5.20.23

Rothwell Figg is proud to have a team of attorneys, staff, family, and friends participating in the 2023 Lawyers Have Heart 10K, 5K & Fun Walk on Saturday, May 20, 2023, in Washington, D.C.

The Washington, D.C. Lawyers Have Heart 10K, 5K & Fun Walk has always been a great way to get moving while socializing with friends, family, and co-workers. But it's so much more than just an event. Participating in the Lawyers Have Heart 10K, 5K & Fun Walk boosts your heart health and mental health while helping millions of others at the same time. We're all tied to heart disease and stroke in some way, and we must change that. By registering for the Lawyers Have Heart 10K, 5K & Fun Walk, we are taking the first step to save lives. Every runner who joins, every dollar donated means more research, more people trained in lifesaving CPR, more medical breakthroughs, and more champions for equitable health.

To learn more about the Lawyers Have Heart 10K, 5K & Fun Walk, please visit the event page.